



Specialized Housing, Inc.

Services

LIFE AT HOME

Training in housekeeping chores
Assistance with room organization
Training in meal planning, shopping and food preparation
Planning and preparation for parties and Celebrations

COMMUNITY LIFE

Participation in activities and community events
Discussions about citizenship
Opportunities for adult education
Church and synagogue participation encouraged
Recreation and sports opportunities
Liaison to support professionals and community agencies
Community volunteer opportunities

HEALTHCARE

Coordination of appointments as necessary
Assistance with filling prescriptions
Assistance with scheduling appointments
Accompaniment to appointments as necessary
RN Consultant on staff

WORK

Liaison to job site
Coordination with vocational placement agencies
Assistance with job applications

HEALTHY LIVING

Encouragement of healthy food choices and exercise
Nutrition Guidance
Exercise programs available with professional trainers
Weight monitoring
Community programs such as Weight Watchers and health clubs

PERSONAL GROOMING

Assistance with laundry
Assistance with clothing choices
Clothes shopping as necessary
Grooming advice and supervision

TRANSPORTATION

Transportation training
Assistance with bus services
Help with transportation for trips and vacations

MONEY MANAGEMENT

Help with budgeting and bill paying
Help with banking, as needed
Weekly planning

LEARNING AND GROWTH

Support and validation of the community of peers within the household
Discussions about the responsibilities of home ownership
Group discussions cover various topics: social skills, current events, disability issues, family dynamics
Group leadership training
Therapeutic meetings with clinical supervisor
Drama, arts, music groups, social and recreational clubs, chaperoned day trips, outdoor trip and longer trips available, in-house or sponsored by community agencies.
Referral to community professionals

SERVICES TO FAMILIES

Consultation on long term care planning
Consultation, evaluation and recommendations regarding housing
Help with accessing entitlement monies
Consultation and support on transition and adjustment issues.
Legal, financial and other referrals